

Get Started

Join Jenny Craig and receive a
**FREE 30-day program
& more!***

*Plus the cost of food

Now!

It's as easy as 1, 2, 3 –

1
2
3

Go to

for your special offer coupon.

Print your coupon, and bring it along with your member ID to your **FREE** consultation.

Call 1-800-96Jenny to find your nearest Jenny Craig Centre or to learn more about **Jenny Direct®**, the at-home program.

All Jenny Craig programs offer:

- One-on-One support with weekly consultations.
- A personalized, comprehensive program designed to fit your lifestyle.
- Menus that are individualized to you and include three Jenny's Cuisine™ meals a day chosen from over 80 delicious menu items.
- The option of having Jenny's Cuisine™ delivered right to your door with the at-home program, **Jenny Direct®.†**
- 24/7 support to help you stay motivated.
- Online tools that include a daily journal, menu planner, healthy recipes, message boards and chat rooms.

‡ Plus shipping and handling charges

"This has been a lifestyle change for the best. I am a true success!"

Joel lost
155 lbs!†



Tina lost
120 pounds!†



† Results not typical

Visit

to receive your coupon today!

Jenny Craig®

Valid at participating Centres in the United States, Canada, Puerto Rico and Jenny Direct®.
Discounts apply to membership only.